



# THE GAZETTE

“ a news-sheet, a periodical publication giving an account of current events”

West Falmouth Religious Society of Friends **MAY-JUNE 2017**

Larry Jordan, Clerk (508-420-1738; cell 202-253-7175; [larrymjordan@gmail.com](mailto:larrymjordan@gmail.com))

## Upcoming Events

### Quaker Birthdays

#### MAY

Maggie Saab, 3  
Dorothy Wheeler, 23  
Rudi Scheltema, 27

*(If your birthday was not listed, please contact Alta Mae)*

### REGULAR Events

#### Adult Discussion Group,

**Sunday at 9AM** (May 7, 14, 21, 28; June 4, 11, 18, 25)

#### Peace and Social Order, 2<sup>nd</sup>

**Sunday at 12** (May 14, June 11)  
Fran Lightsom, Clerk (508-548-9186)

**Adult Education, 3<sup>rd</sup> Sunday at 12:00** (May 21, June 18)

#### Ministry and Counsel, 3<sup>rd</sup>

**Monday evening** (May 15, June 19), Deborah Bradley, convener, (508-564-4744)

Sunny Davidson  
Carolyne Jordan  
Louise Luckenbill  
Marilyn Brice  
Martin Fido

#### Empathy Practice (NVC)

**Usually 1<sup>st</sup> Sat. 9:30-11:30** (May 6, June 3) at 24 Althea Rd. N. Falmouth) Brenda Nolan, convener (508-274-2701)

#### Semi-Simulated Restorative Circle Practice,

**3<sup>rd</sup> Sun 2-4pm** (May 21, June 18) at the Meetinghouse, Brenda Nolan, convener (508-274-2701)

### Sandwich Monthly Meeting

#### SMM for Business meets the first Sunday of even months:

February in East Sandwich; April in West Falmouth; June in Yarmouth  
August in East Sandwich; October in West Falmouth; December in Yarmouth  
**The next meeting will be on June 4<sup>th</sup> in Yarmouth.**

### West Falmouth

**Wednesday, May 3, Bystander Training with Martha Yager, 6:30-8:30 at the Meetinghouse.** Training is open to the community through Engage Falmouth. Space is limited. Quakers register with Molly Cornell.

**Wednesday, May 17, Women’s Group at Sally Fritz. Potluck at 5:30; Discussion as 7.** For directions call 508-495-0851. Park wherever there is no number on the space. From Sally: “ I have a puppy. She is not entirely civilized, and tends to be exuberantly friendly. She will be contained when people arrive. If you do not like it when small animals ask for affection by turning themselves inside out for you; please ACT LIKE A TREE—don’t respond at all. Just stand still and she will ignore you.

### Other Events at the Meetinghouse

**Monday evenings, 7pm, Zen Meditation.** Contact Fran Lightsom

**The Meetinghouse is used for yoga by Emerson House on Mondays from 2:30-3:30** (contact is Molly Cornell); and by **Narcotics Anonymous at 7pm on Friday evenings** (contact is Sally Fritz)

**Taize, monthly, usually on a Sunday or Monday.** Contact: Bobbi Bailin

**PLEASE NOTE:** The Sandwich Monthly Meeting Directory has been updated. There are copies in the Meetinghouse. Please continue to send additions and changes to Brenda Nolan [nolanbab@gmail.com](mailto:nolanbab@gmail.com).

**THE BOOK NOOK**—Leonard Kreidermacher

## **West Falmouth Business Meeting,**

**4<sup>th</sup> SUN** (Thursday, June 1<sup>st</sup>  
following pot luck at 5:30; June  
25)

**Clerk – Larry Jordan**  
**(508-420-1738)**

**Recording Clerk Sally Fritz**

**Treasurer L. Kreidermacher**

**Auditor Nancy Holland**

**Directory/e-mail List**  
**Brenda Nolan**

**Ministry & Counsel**  
**Deborah Bradley**

**Building & Grounds**  
**Jonathan Joyal**

**Quaker House Trustees**  
**Molly Cornell**

**Meetinghouse Committee**  
**Larisa Davidson**

**Cemetery Overseers**  
**Sally Fritz**

**Library Committee**  
**Nan Garrett-Logan**

**Peace and Social Order**  
**Fran Lightsom**

**Archives**  
**Carolyne Jordan**

**Religious Education (Youth)**  
**508-540-7652)**  
**Deborah Bradley**



**New England Yearly Meeting  
online Newsletter:**  
<https://neym.org/newsletters>



## **Cities and the Wealth of Nations: Principles of Economic Life**

by Jane Jacobs published in 1985

Jane Jacobs argues that cities—not nations—are the drivers of wealth. Challenging centuries of economic thought, Jacobs contends that healthy cities are constantly evolving to replace imported goods with locally-produced alternatives, spurring a cycle of vibrant economic growth. Intelligently argued and drawing on examples from around the world and across the ages, Jacobs radically changes the way we view our cities—and our entire economy.

Jacobs writes that individual firms are not the basis of the economy. She identifies the city as a place in which economic activity is generated by a network of interlocking dependencies between firms as the basis of an economic analysis. She identifies these interdependencies as either being capable of adapting to change or incapable. Contrary to popular belief this notion of local as central to economic life is not opposed to globalization. On the contrary it is opposed to the view that the nation state is central. Jacob's analysis explains economics as a global network of independent local units. In this network each local unit will continuously adapt to the challenges and opportunities supplied by the needs and supplies of the other units.

Her explanation helped me understand why the world economic situation is not working very well.



### **From Nan Garrett-Logan**

One of our own spent an April weekend in Tennessee volunteering with Remote Area Medical (RAM). The group now provides free medical and dental care to communities in a dozen states from California to Maryland, Florida to South Dakota, though the initial efforts were centered in Appalachia. Doctors, dentists, opticians, nurses, interpreters and others volunteer their time to serve people from underserved communities (for medical care that's sadly most of our country). Temporary 'Pop-up' clinics are set up in school gyms, community centers and conference centers where registration, tri-age, dental, optometric, medical, women's health and other areas are set up; clinics are described by the size of their dental set up as having 20, 40 or 80 dental chairs. Just imagine setting up folding dental chairs and required pneumatic and water facilities for that! RAM receives no government funding, and though there is a small paid staff, the help at clinics is predominantly volunteer. In the Tennessee clinic most volunteers were local though some came from Kentucky, Indiana, Michigan, Massachusetts. It is a remarkable solid caring thoughtful organization. For more information check out [ramusa.org](http://ramusa.org) or call or email Nan loganwoho@comcast.net if you'd like to chat.



### **This Tiny Caterpillar Could Help Solve the World's Plastic Crisis**

—A research team discovered that the caterpillars of the greater wax moth, considered a pest in Europe because it eats the beeswax from honeycombs, has the ability to biodegrade polyethylene, the same material used in the plastic shopping bags that choke whales and fill landfills. Read the article here: <http://www.ecowatch.com/caterpillar-solve-plastic-problem>

## The Environment...

...This has been the time of the finishing off of the animals.  
They are going away—their fur and wild eyes,  
their voices. Deer leap and leap in front  
of the screaming snowmobiles until they leap  
out of existence. Hawks circle once or twice  
above their shattered nests and then they climb  
to the stars. I have lived with them fifty years,  
we have lived with them fifty million years,  
and now they are going, almost gone. I don't know  
if the animals are capable of reproach.  
But clearly they do not bother to say goodbye.

Hayden Carruth

## Earth Day Gathering of Friends

A group of 18 Friends from around New England gathered on Earth Day to prayerfully consider what recommendations on dealing with climate change we should propose to the New England Yearly Meeting August sessions. The Consultation was led by Fritz Weiss and Kathryn Fisher and hosted by the Cambridge Friends.

After an hour of worship, during which several of the 20 or so attendees spoke eloquently of the need for action on climate change, we each presented a short summary of significant activities on climate change in our individual Meetings. Following lunch, we participated in break-out sessions to consider possible recommendations to NEYM, and ended up with about 30 different ideas for actions that individuals, meetings, or the entire NEYM might take.

Overall, the meeting was quite upbeat (“Trump” was mentioned only once in 7 hours!). We considered ideas ranging from short-term to very long-term, from practical changes we could make to fundamental changes to society that will be necessary if we are really to solve this key issue threatening our planet. Many of these ideas reflected Quaker ideals, such as considering how the Quaker Testimony on Simplicity might help us develop a more just and sustainable future (i.e., inform the Testimony on Stewardship). We'll share the final compilation of ideas from the Consultation once we receive it.

The real joy of the Consultation, however, was the amazing group of people. We both left uplifted by the sense of camaraderie and a shared set of goals...and perhaps even some ideas that might make a difference if we can put them into action.

Steve Gates and Fran Lightsom



## What Can Friends Do to Reduce Their Carbon Footprints? by Stephen Gates

*This is the first of a series of occasional articles about actions you might wish to consider taking to reduce your carbon footprint.*  
One of the Quaker Testimonies, or core values, is that of Stewardship: protecting and caring for the Earth as a sacred trust. There are many forms of Stewardship, but this series will focus on those actions you can take to reduce your “carbon footprint,” or more broadly, reduce the amount of greenhouse gases, or GHGs, (especially carbon dioxide) produced by human activity. The best available scientific estimates indicated that avoiding severe climate change will require that we reduce GHG emissions by 80% or more by 2080. Massachusetts, in fact, has set a target of reducing carbon emissions by 80% by 2050! But reducing GHG emissions by 80% will not be easy, or fast. It will require a concerted effort by all of us, especially in the absence of a Federal policy of encouraging such reductions.

If you are interested in reducing your carbon footprint, here are several helpful resources:

- Home energy audit: On Cape Cod, Cape Light Compact offers a free home energy audit, which is a great first step in your journey: <http://www.capelightcompact.org/energy-efficiency/residential/>. Cape Light also offers a series of rebates on energy-saving devices or system. If you live off-Cape, Mass Save offers a similar program: <http://www.masssave.com/en/residential/home-energy-assessments>
- Carbon footprint calculator for understanding your own personal contribution to the problem. There are several available. Probably the best one is the Cool California calculator: <http://www.coolcalifornia.org/calculator-households-individuals>
- Steps for becoming a “green congregation” as recommended in a brochure on the Green Congregations Challenge by the United Church of Christ: [http://www.macucc.org/files/websites/www/Green+Congregation+Challenge\\_brochure\\_6.15.16.pdf](http://www.macucc.org/files/websites/www/Green+Congregation+Challenge_brochure_6.15.16.pdf)

Recently, I’ve been working on helping to make this process of selecting actions easier. This has involved created a “calculator” that includes 53 different ways you can reduce your carbon footprint. A preliminary version of this calculator can be found at <https://capecodclimatechangeollaborative.org/app/Calculators/CCCCC>

[Actions10.html](#)

This new calculator helps you determine an optimal set of actions you can take, based on your specific circumstances. Many of the actions, for example, not only benefit the environment, but also save you money. Why not do those first? And there’s a special checkbox there for kids to use to select actions that can have an impact on the family’s footprint but don’t cost any money.

In upcoming issues of the Gazette, we will take a more detached look at some of the top actions you might consider taking.



## **Massachusetts Climate Leadership Initiative: House Bill 3564**

The bill is authorized by Jessica Lambert (Falmouth), edited by Michael Blanton (Bourne), and Stephen Craffey (Hyannis) and proposed by Senator Julian Cyr (Truro) and Representative Dylan Fernandes (Falmouth). It is representative of the beliefs, interests, and initiatives of people of the Cape and the Islands.

The new law will ensure that state green house emissions standards meet or exceed those put forth by the United Nations and will formalize this by having the state sign on to the Paris accord as a non-Party stakeholder (via the Non-State Actor Zone for Climate Action.) This bill has the added perk of costing the state little or no money.

The bill has been referred to the Joint Committee on Environment, Natural Resources, and Agriculture. The full text of House Bill 3564 An Act relative to Massachusetts’ participation in the Paris Climate Agreement’s Green House Gas Emission Standards can be found at <https://malegislature.gov/Bills/190/H3564> where you can see who has signed on to this initiative. Call your representatives to thank them or ask for their support. Their contact information can be found at <https://malegislature.gov/>.



### **“The Peace of Wild Things”** by Wendell Berry

When despair for the world grows in me  
and I wake in the night at the least sound  
in fear of what my life and my children's lives may be,  
I go and lie down where the wood drake  
rests in his beauty on the water, and the great heron feeds.  
I come into the peace of wild things  
who do not tax their lives with forethought  
of grief. I come into the presence of still water.  
And I feel above me the day-blind stars  
waiting with their light. For a time  
I rest in the grace of the world, and am free.

In preparation for writing our reflections on the past year, Ministry and Counsel sent members and attenders of the West Falmouth Friends Meeting five queries to ponder. In February, 2017 we held a listening session at which members and attenders had the opportunity to respond to these questions and to review the activities and concerns of the Meeting.

**1. Do you find that the silence and vocal ministry during Meeting are in harmony? What value do you draw from each?**

Sunday Meeting for worship, typically attended by about 25 people, continues to be the center of our shared spiritual experience. The silence was described as “very deep and rich” and “deeply resonant.” When there are no spoken messages during Meeting, some feel fulfilled spiritually by the silence, while others feel that “something is missing.” There was agreement that Meetings in which there is a “cluster of messages” – where a theme or thread connects vocal ministries – are particularly nourishing, giving a sense that “God is moving among us.” In the course of the year, we have welcomed messages from several Friends who had never spoken in Meeting previously.

**2. What are we doing to meet the needs of our fellow human beings, both within the community of the Meeting and in the world beyond?**

Within the Meeting community, we strive to attend to the pastoral needs of members and attenders. Friends value the fellowship afforded by our hospitality hour following Meeting for Worship and by the Women’s Group, which meets monthly for a potluck dinner followed by worship-sharing on a chosen theme. Hospitality offers time for Sunday visiting on a personal level and for extended discussion of matters of concern. In addition, each Sunday an informal group gathers before Meeting for reading and discussion; participants find this spiritually nourishing hour helps to deepen their entry into Meeting for Worship.

The Peace & Social Order Committee provides a forum for focusing our concerns about the world beyond the community of our Meeting. It has provided opportunities for Friends to participate in the Cape Cod Community for Restorative Justice and has offered practice sessions to learn the skills of nonviolent communication and restorative circles. This committee also sponsored gatherings to help Friends learn more about gun violence and Falmouth-based efforts to provide housing for the homeless.

During 2016, our meeting prepared a travel minute, which was approved by Sandwich Monthly Meeting, for Friend Jay O'Hara's travel in the ministry within New England Yearly Meeting. Jay's ministry, as well as his prophetic action on climate change, is under the care of a West Falmouth committee.

The Meeting, corporately and through individuals, is engaged both financially and through participation in many local, national, and international organizations which address concerns of the global community. Concern for America, its guiding values and its role in the world, has been particularly urgent since the November, 2016 election. As we interact with a larger community, we strive to be guided by our Quaker beliefs and faith.

**3. How can we better allow ourselves to be guided by the belief of “that of God in each of us” as we interact with each other within the Meeting?**

A late member of our Meeting was recently quoted as having said, “West Falmouth Friends not only love each other; we like each other.” We have sometimes struggled with cases of acceptance of each other’s diversity of religious background and perspective. We strive to better listen to one another and to the voice of the Spirit in each of us.

**4. How successful has our Adult Education survey of Quaker history been? Has it met the needs of those new to Quakerism as well as longtime Quakers?**

Ministry and Counsel oversees monthly Adult Education sessions, many of which are conducted in a worship-sharing format which encourages everyone present to participate. In 2016 sessions covered a broad span of Quaker history. Topics included Devotional Quakerism, Origins of Quaker Mysticism, and 19<sup>th</sup> Century Splits. This historical perspective was followed by discussion of the work and lives of several prominent 20<sup>th</sup> Century Quaker leaders: Rufus Jones, Thomas Kelly, and Douglas Steere. Longtime Friends enjoyed refreshing their memories, while newer members and attenders found the sessions informative and helpful.

**5. Membership, including how we could attract more, especially younger people and families with children, to the Meeting.**

We have been blessed in 2016 to welcome several new members into our meeting [Sandwich Monthly Meeting: West Falmouth Preparative Meeting]. These include two transfers from the Madison, Wisconsin Meeting and two local attenders. Our Meeting is enriched by their presence among us and by the commitment to Quakerism that their membership entails.

Concern continues about the small size and advanced age of our congregation, so we are especially joyful to have four young children (ages 9-12) among our regular attenders. The children form a close-knit class that enjoys reading, discussing, and illustrating stories – Bible stories, myths and legends, Quaker stories – as well as playing, singing, and ringing bells together. We are delighted to report that almost ten adults in the Meeting came to join the children in the course of the year, some with a formal lesson to teach, and some simply to share their time and life stories with the children. We enjoy the presence of the children during the first quarter hour of Meeting for Worship. We encourage vocal ministry that will resonate with them during this period, that they may know and benefit from both components of the hour we share, silence and messages.

Respectfully submitted by the West Falmouth Preparative Meeting Ministry and Counsel committee,  
Deborah Teel Bradley, clerk

## West Falmouth Meeting Preparative Meeting for Business: April 30, 2017

Friends gathered for worship with attention to business following morning worship and hospitality. Attending: Larry Jordan (clerk), Carolyne Jordan, Bernie Nolan, Brenda Nolan, Fran Lightsom, Nan Garrett-Logan, Albert Bradley, Molly Cornell, Eric Edwards, Joyce Johnson

### Opening reflection and silence

### Three Statements on Non-Violence

1. *The writer's brother joined the Army National Guard and served in Iraq.*

I must also live out my understanding of peace and what it means to me, and risk everything. We both carry ministries against war. As different as they might be, I must believe that one God led us each to our own life's work. My brother's calling is a reaction to establish peace, while my heart calls for proactive measures against the conditions for war. We must both risk our entire lives for what we believe. We are the necessary balance of idealism and realism. In this imperfect world, we must steady our aims and breathe fire to ignite whatever future will have us.

Stephen Willis Dotson 2010

*Chapter 1: Illustrative Experiences of Friends* in *NEYM Faith and Practice, 2015 Interim Edition, pp. 41*

2. 38 Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth:  
39 But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also.

Jesus quoted in Matthew, New Testament, Chapter 5, King James Version

3. In a rare show of force, thousands of Russians took to the streets of Moscow and other cities in the biggest anti-government protests in years.

In Moscow, police arrested hundreds of demonstrators, including prominent Russian opposition leader and anti-corruption activist, Alexei Navalny, who orchestrated the uprising. On Monday, officials announced that Navalny will serve a 15-day jail term, saying that he disobeyed police.

"I've always seen my campaigns against corruption as political work of a purer form than what opposition leaders usually do. All they do is hold roundtables and release political statements, which is all well and good. But there are concrete things that need to get done in order to achieve the basic goal of every opposition politician."

Alexei Navalny

Excerpted from article by Emma Bowman for National Public Radio, March 26, 2017

**Meetinghouse Calendar:** May dates were added to the calendar as follows:

Taize Singing. Bobbi Bailin, contact person

Emerson House Yoga: 2:30 pm Mondays. Molly Cornell, contact

Restorative Circle Practice. 2:00 pm third Sundays. Brenda Nolan, contact

Zen Meditation: 7:00 pm Mondays. Fran Lightsom, contact

Narcotics Anonymous: 7:00 pm Fridays. Sally Fritz, contact

Quaker Women: 5:30 pm Wednesday May 17, home of Sally Fritz

### **Review of March Minutes:**

The recording clerk made several corrections to the minutes of March 26, 2017 and asked if participants in future meetings for business would inform her of future mistakes contained in preliminary drafts.

**Treasurer's Report:** these balances were reported as of April 30, 2017

MH checking account = \$22,957.50    NEYM Pooled Fund = \$88,801.53

QH Checking account= \$7,687.53

Several questions, including the reason for a \$70 expenditure, were deferred until the treasurer is present. Friends accepted the report.

**Ministry & Counsel:** Adult education sessions based on the 1985 *Faith and Practice* will continue on third Sundays. Friends are encouraged to consider leading an upcoming session.

The committee has been discussing "missing members." As far as can be determined, none of the young people brought into membership by their W. Falmouth Meeting parents, and who passed the age of 25 in 2006, respond when notified of the option of adult membership. With the help of Len Kreidermacher, who was SMM recorder at that time, M&C has removed their names from membership lists.

M&C learned that AFSC is currently understaffed and in financial difficulty.

The Clerk read the **State of Society Report for 2016. Friends approved,** with minor changes.

**Peace & Social Order:** The NEYM Climate Consultation, to which Steve Gates is our representative, is preparing its report for sessions in August.

**Library Committee:** Extra copies of the 1985 *Faith and Practice* are available on the library table for adult education sessions and for interested people.

**New Business:** Nan Garrett-Logan, a member of the outreach committee of the Massachusetts Coalition to Prevent Gun Violence, asked the Meeting to add our name to a long list of organizations that sponsor or support its work. Informational material was referred to Peace & Social Order for its recommendation.

**Next meeting for business will be held at the Meetinghouse on Thursday evening, June 1<sup>st</sup> following a pot-luck supper at 5:30 pm.**

Respectfully submitted, Sally Fritz, recording clerk